

4-H

Family Guidebook

2025-2026



An equal access and equal opportunity University. <https://col.st/1l0t3>

Colorado State University is a land-grant institution with a three-part mission of teaching, research, and outreach. Here in Elbert County, our number one outreach program is 4-H!

Table of Contents

Extension Information and Welcome	Preface
4-H Enrollment	Pages 2-3
Basic Steps	4
4-H Community Clubs	
List of Contacts and Meeting Dates	5
4-H Councils/Advisory Committees	6
4-H Family	
Member Categories and Adult Roles	7
Code of Conduct	8
Code of Conduct	8
Dress Code	9-10
Adult Supportive Roles	11
Volunteer Roles	12
4-H Member (Ages 8-18)	13
4-H Cloverbud (Ages 5 -7)	14
4-H County Specialty Contests	15
4-H Fundraisers / Scholarships	16
4-H Activities and Events Overview	17
4-H Camps / Conferences / Trips	18
4-H Member in Good Standing Requirements	19
4-H Facts	
Vision and Mission	20
Acronyms	21
Facilities	22
FORMS:	
Distribution Form	Back pages
YOUR 4-H CLUB – Fill in information & Post where your family will be reminded.	

Elbert County Extension

303-621-3162

Elbert County Extension Office

Located on the Fairgrounds in the Ag Building
95 Ute Avenue (Kiowa/Bennett Rd.)
P.O. Box 189; Kiowa, CO 80117

Monday-Thursday, 7:30 a.m. - 5:00 p.m.

Closed Fridays, Government Holidays, noon hour.
Drop Box outside front door for after hours.

Call ahead and/or check social media sites for possible event cancellations.



Colorado State University is a land-grant institution with a three-part mission of teaching, research, and outreach.

Here in Elbert County,

Our number one outreach program is 4-H!

In the early 1900's, county agents began to organize 4-H clubs to teach rural youth new agricultural skills. Today, 4-H has grown into America's largest youth development organization. 4-H grows young people with essential life skills like confidence, courage, resiliency, and curiosity. 4-H empowers youth who are beyond ready for anything in life.

Elbert County 4-H offers membership through traditional 4-H community clubs. 4-H Youth members enroll in projects, participate in community service, give presentations, and attend both project and club meetings to develop in areas including Healthy Living, STEM and Agriculture, Civic Engagement, and Leadership.

To learn more about the Elbert County 4-H Youth Development Program CALL 303-621-3162

Mary Anderson, County Director/4-H Specialist

Mary.anderson@colostate.edu

Lore Denson, County 4-H Assistant

lore.denson@colostate.edu

Talynn Allen, County Office Admin Assistant

talynn.allen@colostate.edu

Welcome to 4-H!

Hi there, 4-H families!

We're so happy you're joining us in Elbert County 4-H. Whether you're brand new or returning, we want you to feel welcome and excited to be part of our 4-H community! In 4-H, kids, and teens work together in their community 4-H club with caring adult volunteers. You'll make new friends, learn cool things, become a leader, and help your community.

Who Can Join?

Ages 8–18 Join as Community 4-H Club Members with 4-H Projects

When joining a community 4-H club in 4honline, you can choose one or more fun 4-H projects to work on during the year—like animals, cooking, robotics, and more! You'll go to club meetings, learn project basics, then work on your project at home to get ready for the County Fair.

Kids Ages 5–7 (Cloverbuds) Activity Based – Participation Only

Cloverbuds join in 4honline too and get to try lots of fun activities that are just right for their age. Cloverbud activities are safe, supervised, and non-competitive. Cloverbuds don't have project responsibilities and cannot participate in shooting sports.

Who Helps Make 4-H Happen?

Our amazing adult volunteers lead clubs and teach skills. They help make 4-H fun and meaningful! Parents, grandparents, and guardians are also super important. When families support their kids—by helping them stay involved and connected—everyone has a better 4-H experience.

Why Join 4-H?

In 4-H, kids learn how to be leaders, work with others, and gain life skills that help them grow into awesome young adults, ready for anything. And the best part? It's fun! 4-H has been bringing families together for over 100 years. We're excited to keep the tradition going with YOU!

See you soon,

Your friends at the Elbert County Extension Office

4-H Enrollment Basic Steps

The new 4-H year begins on October 1 and runs through September 30 of the following year. Elbert County offers traditional community 4-H clubs. Youth choose a 4-H Club when enrolling through 4-H Online each year to maintain membership. By enrolling, youth can register in county, statewide, and national activities, and events. Youth choose specific projects which they plan to complete throughout the year. Volunteers must also enroll through 4-H Online each year.

Elbert County 4-H Fall Enrollment period is Oct. 1- Dec. 31.

Elbert County 4-H Enrollment ENDS December 31. Call Extension 303-621-3162 for assistance.

1. Choose your 4-H Club – Contact the Club Leader

2. Enroll <https://v2.4honline.com/>

3. Select 4-H Club first and then projects.

Upon joining a community 4-H club, regular members may select any of the 4-H projects. Families are responsible for downloading project information, manuals, and record books which are all available on the state 4-H website:

<https://co4h.colostate.edu/colorado-4-h-project-information/>

4. Pay Enrollment Fee to your 4-H CLUB

5. Start attending 4-H Club meetings!



You must attend the monthly 4-H CLUB meetings.

In Addition to Your Monthly 4-H Club Meeting Are Trainings Or Practices:

Occasionally project training may be offered in addition to club meetings.

Not all general projects will have a certified 4-H leader who provides training, and those members will need to work independently on their projects.

Other projects involving Animals and Shooting Sports projects have mandatory trainings to attend. All training or practices are in addition to your 4-H Club meetings.

To learn more about the Elbert County 4-H Youth Development Program call 303-621-3162.

Colorado State University Extension is an equal opportunity provider. | Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodation. | CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English.

Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. | Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. | Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés. **Col.st/110t3**

4-H Community Clubs

Every 4-H member must belong to a 4-H Community Club and attend the monthly meeting.

4-H CLUB NAME <i>Choose your 4-H Club</i>	CALL CLUB LEADERS <i>Contact for meeting schedules.</i>	MONTHLY MEETINGS <i>Meeting dates, time, and location may change. **Varies</i>
---	---	--

EASTERN PLAINS Community (Simla, Matheson, Agate, & Northern Ramah/Calhan)

Rural Rustlers 4-H Club	Maggie Volosin 719-431-2324 Kayla Pfefferkorn 719-338-7465	**4th Sunday @ 4 pm, Big Sandy School Cafeteria, SIMLA
-----------------------------------	---	--

ELBERT Community

Elbert Creekside 4-H Club	Wendy Walp , 303-243-1308 bisongirl_2@hotmail.com	1st Sunday @ 3 pm, Elbert Mercantile Building, ELBERT
-------------------------------------	--	---

ELIZABETH Community *

Gold Creek 4-H Club	Stephanie Harvey 512-567-5994 Harveygirl29@gmail.com	3rd Monday @ 6:30 pm, Harvest Bible Church, 826 S Elbert St., ELIZABETH
High Plains 4-H Club	Jessica Crawford 805-390-5163 Alexis Alden 714-655-6075 highplainsclub@gmail.com	2nd Tuesday @ 6pm at Harvest Bible Church, 826 S. Elbert St., ELIZABETH.
Running Creek 4-H Club	Jim Carriker 303-898-4259 that4hguy@gmail.com Lasie Zion 303-901-3971	1st Monday @ 6:30 pm, ELIZABETH Middle School

KIOWA Community

Comanche Creek 4-H Club	Judy Hundley 720-335-2604 comanchecreek4h@gmail.com	1st Sunday @ 3 pm, Fairgrounds, Ag Bldg. 95 Ute Ave, KIOWA
Kiowa Community 4-H Club	Katie White 719-649-8925 Melissa Smith 719-237-9947 Melissa Crippen-Langley 720-633-1660	1st Monday @ 7 pm, Fairgrounds, Exhibit Bldg. 95 Ute Ave, KIOWA
Ranchin' Rookies 4-H Club	Nikki Lown nikkilown@yahoo.com 303-856-6178 Amy McWhorter amcwhorter81@gmail.com 720-470-7153	1st Tuesday @ 6:30 pm, Kiowa Fire Station, KIOWA

Northern ELIZABETH/PARKER Community *

Rattlesnake 4-H Club	Stephanie Potestio 720-284-2755 <i>Clara Lindauer, co-leader</i>	**3rd Monday @ 6:45 pm, Rattlesnake Fire House 46220 Coal Creek Dr, PARKER
Sun Country 4-H Club	Jeff Thomas 303-818-0276 thomasjt15@gmail.com <i>Rusalyen Maitlen, co-leader</i> 720-480-4757	**3rd Wednesday @ 6:15 pm, Son Country Community Church, 7114 Sun Country Drive ELIZABETH, **social activities at 6:15pm, business meeting 6:30! exceptions will be communicated to the club and the Extension office.

Additionally, EVERY CLUB need adult & youth representative actively attend & participate in council meetings, fundraisers, events. Leaders' Council 2nd Monday at 7PM and Youth Council 2nd Sunday at 4PM on Fairgrounds.

4-H Councils and leader committees,

everyone is welcome to attend, in addition to your 4-H Community Club meetings. These are great ways to become more involved at a county level.

4-H Youth Council

Advisors:

Jim Carriker 303-898-4259
That4hguy@gmail.com

Meetings 2nd Sunday @ 4pm, Exhibit Building, Fairgrounds 95 Ute Ave. Kiowa

What is 4-H Youth Council? Elbert County 4-H Youth Council is a special group within 4-H, made up of kids and teenagers just like you throughout the entire county. All 4-H members are welcome. Why should you attend the monthly Youth Council meetings? Help decide what cool things 4-H will do, plan exciting activities, and share your ideas. Both the Councils and 4-H Clubs elect new officers each fall at the October meeting. **Each 4-H club elects 2 youth council representatives to attend monthly Youth Council meetings and serve as the communication link between their 4-H Club and Youth Council.**

4-H Leaders Council

This is a council made up of 4-H Club Volunteer Leaders, but open to all.

Meetings 2nd Monday @ 7pm, Ag Bldg. Meeting Room, Fairgrounds Kiowa

Leaders Council is made up of all the 4-H Club leaders. They meet once a month to plan the year ahead. That includes a GALA fundraiser. Proceeds are used to support the 4-H program, and awards scholarships to 4-H camps, 4-H events and colleges. These are dedicated volunteers that have a passion for seeing our community's youth grow. Everyone is welcome to lend a helping hand. Contact Extension if you are interested in becoming a certified 4-H volunteer.

4-H Horse

Leaders Committee

This is a group of horse project volunteer leaders that plan the years events for the horse project.

Meetings 1st Tuesday 6:30pm., Ag Bldg. Meeting Room, Fairgrounds Kiowa

Horse Volunteer Leaders also lead activities like horse knowledge nights, horse bowl, and horse judging. These activities can be attended if interested in learning more about horses and not having to own a horse. You can learn about horses on the knowledge nights for doing the horseless horse project or personal knowledge. Or you can learn about horses with a competition aspect and do horse bowl or be on a horse judging team.

4-H Shooting Sports Leaders

Certified volunteers attend specialized shooting sports leaders' trainings. This is a group of shooting sports leaders that plan the years events for all the venues within the Shooting sports projects. These volunteers are a dedicated group, teaching our youth safety, accuracy, and dedication. The leaders hold annual mandatory shooting sports orientation, collect target fees, offer a local hunter safety course, and coach at the practice ranges.

4-H Family

4-H Members /Age Categories

4-H age is the age of the individual on December 31 of the current 4-H year.

The 4-H year runs from October 1 to September 30.

Elbert County 4-H fall enrollment period begins in Mid-October and ends December 31.

All enrollment information must be entered by the family in 4HOnline and enrollment fees paid to be an active member for that 4-H year. Your 4-H Community Club is your 4-H Family and includes adults and youth ranging from ages 5 to 18. Regular 4-H youth members are taking a wide range of projects.

Adults:

- Parents/Guardians/Grandparents – Timeless and ageless supporters!

Adult 4-H Certified Volunteer Leaders:

- 19+ years old, the majority of roles require a minimum age of 21

Cloverbud: 5-7 years old

- **Components of the Cloverbud Program:** 4-H Cloverbud programming is activity-focused, not project-focused, and built on cooperative learning, rather than competitive 4-H events.

Traditional 4-H Members: 8-18 years old.

- Junior member: 8-10 years old
- Intermediate member: 11-13 years old
- Senior member: 14-18 years old

4-H Member in Good Standing:

- Participation in certain county, state, regional, and national events is limited to those members who are in "good standing" with their local 4-H club and county. This includes abiding by the 4-H Code of Conduct, meeting deadlines, **attending most club meetings**, and completing at least one project.
- Participate in a 4-H-related (subject matter or audience) **demonstration** or another speech-arts presentation.
- Participate in a 4-H-sponsored **community service activity**.
- Complete any county level requirements such as a record book and project specific pre-requisites.
- Fully participate in an approved 4-H program or activity.
- Abide by the 4-H Code of Conduct ([including dress code](#))
- Meet all established program or activity expectations and deadlines.
- Attend a majority of program or activity meetings.
- Meet any additional county level requirements.

4-H Member Participation in County, State, District, Regional and National 4-H Events

4-H members who meet all state expectations, shall be considered in "good standing."

4-H members who do not meet state expectations, shall be deemed "not in good standing." Members who are "not in good standing" may not be eligible to participate or have limited participation in county and state 4-H programs and activities. The State 4-H Program Director will work with County 4-H Specialists to determine the appropriate consequences for those members who may be deemed "not in good standing." The Colorado 4-H Program Director has ultimate authority for determining 4-H membership status.



COLORADO 4-H YOUTH DEVELOPMENT CODE OF CONDUCT

The Colorado 4-H Code of Conduct is designed to create a safe, welcoming environment that supports meaningful learning and personal growth. Participation in 4-H Youth Development events and activities is a privilege, not a right, and is contingent upon adherence to this Code.

All individuals participating in or volunteering with the Colorado 4-H Youth Development program at any level, including individual, club, county, regional, state, national, or international, are subject to the behavior standards outlined in the Colorado 4-H Code of Conduct. In addition to this Code, specific events or activities may have additional policies, rules, or procedures that participants are also expected to follow.

The Colorado 4-H Code of Conduct applies to both face-to-face and online environments and will be enforced with all 4-H youth members, parents/guardians and volunteers.

When I participate in 4-H programs, I agree to:

1. Adhere to all Colorado 4-H Youth Development Program [policies and procedures](#).
2. Respect the rights and authority of 4-H volunteers and Extension and 4-H Professionals.
3. Conduct myself in a courteous, respectful, and ethical manner; demonstrate good sportsmanship; and serve as a positive role model.
4. Abstain from abuse (physical and/or verbal) and harassment. All aggressive, vulgar, or violent language and behavior (ex: bullying, fighting, threats, insults, cursing, discrimination, etc.) is not permitted.
5. Abstain from the use of alcohol, marijuana, illegal or illicit drugs, and all tobacco or nicotine products, including e-cigarettes and vaping devices, during 4-H events and activities.
6. As outlined in the [Colorado 4-H Dress Code](#), dress appropriately for all 4-H events and activities, following any specific attire requirements. Clothing that is overly revealing or displays profanity, violence, political affiliation, or promotes tobacco, alcohol, or drugs is not permitted.
7. Use mobile phones or other electronic devices during scheduled 4-H activities only in a manner that is consistent with the approved activity and does not cause disruption.
8. Promote and model the responsible, respectful, and lawful use of social media. The creation or sharing of content that is abusive, threatening, defamatory, obscene, harassing, or that contributes to a hostile environment is strictly prohibited and will not be tolerated.
9. Respect the property of others, including facilities, equipment, and personal belongings. Damage, destruction, theft, or removal of property is strictly prohibited. Participants and/or



their parents or guardians will be held financially responsible for any damage caused to program property or the personal items of others.

10. Not possess, use, or distribute firearms, archery equipment, fireworks, knives, or any other items that could be used as weapons during 4-H programs or events, except under adult supervision as part of scheduled instructional activities.

11. Acknowledge that personal property may be subject to search when there is reasonable suspicion of a violation of law or 4-H policies. This may include searches of outer clothing, luggage, personal belongings, lodging rooms, and furniture.

12. Complete my own work on all 4-H projects, properly cite all source materials, including those generated by artificial intelligence when appropriate, avoid plagiarism, and uphold academic integrity.

Consequences for violating any part of the Colorado 4-H Code of Conduct may include, but are not limited to, the following:

- Notification of parents/guardians and appropriate 4-H volunteers and/or staff members
- Restriction from participation in future 4-H events
- Removal from 4-H officer roles held
- Removal from 4-H membership
- Removal from participation in 4-H events/activities; the participant and/or their parent(s)/guardian(s) will be responsible for all associated costs incurred because of their removal

The behavior of 4-H members, parents, family members, and volunteers, both during and outside of 4-H activities, can impact their status within the program. All must share the responsibility to uphold the 4-H Code of Conduct and are encouraged to report any concerns or violations to 4-H leadership promptly and appropriately.

Colorado State University, U.S Department of Agriculture and Colorado counties cooperating. To simplify technical terminology, trade names or products and equipment occasionally will be used. No endorsement of product names is intended nor is criticism implied of products not mentioned. | Colorado State University Extension is an equal opportunity provider. Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English. <https://col.st/OWMJA> | Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés. <https://col.st/OWMJA>

Colorado 4-H Dress Code



COLORADO STATE UNIVERSITY
EXTENSION

The Dress Code is designed to promote safety and inclusion for all. Clothing worn by participants should be neat, clean, and practical for the activity occurring. When participating in this event, youth and adults are representing themselves and their organization.



Casual Wear:

- Pants/ shorts/skirts
- Shirt/sweater/hoodies
- Comfortable shoes/sandals

Business Casual:

- Nice slacks/pants/skirt
- Button-up shirt/blouse
- Pants suit/skirt
- Comfortable/dressy shoes

Formal Wear:

- Dresses
- Suits and suit jackets
- Dress pants/slacks
- Button-up shirt
- Bow ties/ties/suspenders
- Dress Shoes

Colorado 4-H Dress Code



COLORADO STATE UNIVERSITY
EXTENSION

Shirts/sweaters/ hoodies/etc:

Should be free of any reference to: drugs/alcohol/sex/profanity/violence/political affiliation. All other clothing must cover undergarments.

Pants/shorts/ skirts:

Should be long enough to ensure safety and comfort in the activity occurring.

Dress-up to Semi-formal:

Should cover your midriff. Outfit should be long enough to stay put while moving about.

Footwear:

Should be practical and reflect the activity occurring. Closed-toe shoes are a necessary precaution for specific activities and will be required during those activities.

Colorado State University Extension is an equal opportunity provider. | Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. | CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English.

Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. | Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. | Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés.

Col.st/110t5

Adult Supportive 4-H Roles

Parents/Grandparents/Guardians: Adult family members are especially important to the success their children will have in the 4-H program. Your key role is the support you give your child in the commitments they make, help them think through decisions and see that they reach their goals.

Adult family members are expected to help:

- Facilitate internet connectivity. 4HOnline Enrollment, Download Record Books, and Fair Entry.
- Support your 4-H club leaders and offer your services at key club and county events:
 - Club community service and fund-raising events, Leaders' Council 4-H Gala, County Fair, Fair 4-H informational booth, County Fair set-up/clean-up dates, etc.
- Attend 4-H meetings and other special events with your child.
- Make it possible for your child to participate in a variety of 4-H activities, camps, fairs, and specialty contests.
- Guide your child's project work and encourage completion without doing the work of the 4-H'er.
- Be an example of a good sport so your child will learn to appreciate the success of others.
- Make others in your community more aware of 4-H.

Adult/Parent Expectations: Every Adult/Parent that participates or is activity or event is expected to act as a positive role model and abide by the following:

- Abide by the 4-H Code of Conduct
- Meet all established program or activity expectations and deadlines.
- Meet any additional state and county level requirements.

CSU Extension Specialist and County Assistants:

Your Elbert County Extension professionals guide, teach, and administer the 4-H program in accordance with state policies. Elbert County has CSU Extension Specialist who share the 4-H program in addition to other responsibilities. 4-H Specialist responsibilities include: Development and Management of Volunteers; Club Vibrancy and Compliance with Annual Chartering; 4-H Programing Development, Management, and Delivery; Relationship Building; State Committees and Work Team Involvement; and Extension Knowledge, Planning, Reporting and Evaluation. The Extension Specialists are faculty members of Colorado State University. Elbert County Extension also has two Assistants employed by Elbert County Government. Please contact the Extension office with any of your questions.

- **CSU County Director & Extension Specialist - 4-H Youth Development**
- **CSU Extension Specialist - 4-H Youth Development**
- **County Extension 4-H Assistant**
- **County Extension Office Assistant / Bookkeeper**

Adult Certified 4-H Volunteers

4-H Adult Volunteers: Volunteers are the heart of the 4-H program. A volunteer serves in a multitude of roles. These range from working at the club level as main club or co-club leaders. Volunteers may lead a project, guide community service activity, support fundraising, or service as a chaperone. Formally organized groups of volunteers and Extension Specialists serve in advisory roles to administrators. Their counsel is sought in determining priorities and content for program development. They assist with carrying out the 4-H mission. The Purpose of the 4-H program is positive youth development. All decisions and actions carried out on behalf of the 4-H program should always keep this goal in mind. Negative or abusive interactions will not be tolerated.

All 4-H Volunteers will:

- Complete volunteer application through 4-H Online, including references.
- Complete the state 4-H volunteer orientation
- Undergo a CSU background check.
- Re-enroll as a 4-H volunteer through 4-H Online on an annual basis. This includes:
 - Annual Appointment Agreement.
 - [4-H Code of conduct \(including dress code\)](#)
 - CSU Protection of Minors Policy
- All volunteers will comply with the 4-H Code of Conduct and the Annual Appointment Agreement.
- All Volunteers that do not enroll in 4-H for one year or longer will be required to re-apply and complete all new volunteer requirements.
- All volunteers serve at the request of CSU Extension and that request can be withdrawn at any time for any or no reason.
- Volunteers will comply with federal, state, and local reporting and accountability requirements, including 501(c)3 non-profit, fiscal, EEO Affirmative Action, etc.
- Authorized volunteers are protected from liability under the Governmental Immunity Act (24-10-101CRSet seq) and the Risk Management Act (24-30-1502CRS et seq). Liability protection is provided only for actions within the scope of responsibility and if such actions are not willful and wanton. The performance of any “job” or in any position must be for the benefit of, at the request of, and under the supervision of the state.
- Transfer of a volunteer from one county to another requires approval from both counties.

4-H Volunteer Expectations in Good Standing:

Participation in certain county, state regional and national events is limited to those 4-H volunteers who are in “good standing” with the State 4-H Program. This includes:

- Fully participate in an approved 4-H program or activity.
- Abide by the 4-H Code of Conduct and Annual Colorado 4-H Volunteer Appointment Agreement.
- Meet all established program or activity expectations and deadlines.
- Meeting any additional state and county level requirements.

4-H volunteers who do not meet county and state expectations, shall be considered “not in good standing.” Volunteers who are “not in good standing” may not be eligible to participate or have limited participation in county and state 4-H programs and activities. The State 4-H Program Director will work with County 4-H Specialists to determine the appropriate consequences for those volunteers deemed “not in good standing.” The State 4-H Program Director has **ultimate authority** for determining 4-H volunteer status.

4-H Members (ages 8-18)

Projects and E-Records

Learn new skills through hands-on project work and record keeping.

There is something for everyone with hundreds of projects offered in the areas of:

- Animal Sciences and Livestock
- Biological Sciences
- Mechanical Sciences
- Natural & Ecological Resources including (Shooting Sports)
- Arts & Leisure Sciences
- Consumer Sciences

Detailed information on every project offered, associated project literature, and the required record book can all be found on the state website at:

<http://co4h.colostate.edu/program-areas/colorado-4-h-project-information/>

ORDER BOOKS: Place your own order for project manuals. See the state website recommendations and links for ordering project materials or in some cases download free project literature.

DOWNLOAD RECORDS: Every 4-H project requires a completed record book.

Livestock and Shooting Sports project record books are checked for completion on two dates, one pre-fair and one post-fair. General project record books should be completed and signed by a certified 4-H leader before the County Fair. General project record books are judged at County Fair and do not have a post fair check date. **Every 4-H project requires a completed record book** for the member to re-enroll in that project the following year.

It is highly recommended that first-year 4-H members limit themselves to one or two projects, until they have completed a full year of 4-H. With all that the 4-H Youth Development program has to offer, it is easy to become overwhelmed until you have been through a full annual cycle. ***Always feel free to contact the Extension office at 303-621-3162 with any questions, especially project exhibit requirements.***

Additional Groups

In addition to joining your community 4-H Club and enrolling in at least one 4-H project, members may also choose to join a judging group. Judging teaches youth analyzation, critical thinking, how to articulate their ideas to an adult and defend their position. These groups teach you about these animals. Judging contest tests your skill against other county 4-H programs.

Elbert County offers the following judging groups:

- **Horse Judging** (*Horse Bowl / Hippology*)
- **Livestock Judging** (*Possible Livestock Quiz Bowl*)

Elbert County judging programs host annual Eastern Slope contests. Watch newsletters for sign-up information for judging groups.

4-H Cloverbud (ages 5-7)

Annual Activities

4-H Cloverbud programming is activity-focused rather than project completion. Cloverbud members participate in occasional, non-competitive, sampler-type, age-appropriate, properly supervised events or activities sponsored or conducted by 4-H groups. Cloverbud members do not participate in the ongoing project work. Cloverbuds should not have livestock handling responsibilities, and are prohibited from any shooting sports involvement.

Ways Cloverbud Families should plan to participate through the year:

- **ATTEND MONTHLY CLUB MEETING.** *Some clubs facilitate separate cloverbud craft activities during the normal club business meeting.*
Encourage your cloverbud to share a "4-H Show and Tell" at the club meeting. (Public speaking)
Encourage your cloverbud to participate in one of the club's community service activities.

- **PARTICIPATE IN SPECIALTY "CONTEST" EVENTS.**

Cloverbuds participate along with older members who serve as role models, have fun, and receive rainbow participation ribbons!!!

Creative Cooks: Are you interested in cooking and meal planning? Select a theme and prepare food and a table setting. Use knowledge of nutrition, meal planning and food preparation in a creative way.

Exhibit a prepared food item (**for Cloverbuds it should be a non-cooked item like sandwich or salad.**)

Live Cake Decorating: project members decorate their cake live in front of the judge.

Cloverbud members are encouraged to bring a dozen cupcakes, frosting, decorations, etc. and go for it with their creativity!

Speech Arts: cloverbud share a "4-H Show and Tell" at the county contest. (Public speaking)

- **ATTEND CLOVERBUD CAMP:**

Cloverbud Camp is in early June. Several hands-on stations are set up for Cloverbuds to spend time at learning by doing based on the year's theme. We offer a variety of activities, from science to reading, games, crafts, and snacks. Enrolled Elbert County 4-H Cloverbuds attend this camp for free! They can take their craft items and enter them at the Elbert County Fair! Only enrolled Elbert County 4-H families may attend these day camps.

- **PARTICIPATE IN THE ELBERT COUNTY FAIR EVENTS:**

KIDDIE STYLE REVUE at County Fair - end of July

The county fair Kiddie Fashion Revue takes place right before the 4-H Fashion Revue. Throughout the year, 4-H members work hard on their sewing project. The Fashion Revue provides the opportunity to show off what you have done. For Cloverbuds, this gives them an opportunity to have fun too!

Cloverbuds can model something they have decorated, or an adult has sewn for them!

EXHIBIT SHOW AND TELL ITEMS: Any "craft" or exhibit display type items can be brought for special cloverbud interviews and displayed with the 4-H members' general project exhibits.

PARTICIPATE IN ANIMAL SHOWMANSHIP: Cloverbuds interested in showing animals can enter a special open class at Elbert County Fair called "Small Fry" Showmanship *sponsored by livestock groups* in the community. This *non-4-H project opportunity* takes place right before each species 4-H show.

4-H County Specialty Contests

Creative Cooks

Open to all Elbert County 4-H members who are interested in cooking, you do not have to be enrolled in a foods project. Creative Cooks Contest introduces the 4-H member to meal planning. Members select a theme and prepare food and a table setting around that theme. They use their knowledge of nutrition, meal planning and food preparation in a creative way. They exhibit a prepared food item at a scheduled time before a judge(s) and audience. The judge briefly interviews the participants regarding their exhibit and what they have learned in preparing the dish. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

Fashion Revue

The county fair 4-H Fashion Revue is the “showmanship of clothing.” Throughout the year, members work hard on their sewing projects. The Fashion Revue provides the opportunity to create a “total look” and present your outfit in a graceful, confident, and enthusiastic manner. Come show off all your hard work. Up to three senior-aged models can be designated for state competition.

Live Cake Decorating

Cake Decorating project members decorate their cake live in front of judge(s). Within a designated time allowed, members frost cake, apply decorations and a bottom base border, which is required, and finally clean up their area for final presentation. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

Speech Arts – Open to all

Open to all Elbert County 4-H members different forms of public speaking, including: Demonstration/Illustrated talks, Prepared Speech, Impromptu Speech, and Interpretive Reading. Each speech is judged according to the class entered. First place Speech classes only qualify to go on to state competition.

*Special categories for **HORSE Prepared & Demonstrations***

Rocket Fly Day

Rocket fly day consists of rocket launches and a written exam. The purpose of the written examination is to determine the contestants understanding of model rocketry design, construction, and operation. Rocketry members are asked to bring their own rocket. The contestants’ rocket launch will be judged on construction, flight stability, range safety, chute deployment and landing. Rockets must be painted. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

OTHER AWARD AND CONTEST OPPORTUNITIES: COUNTY - STATE - NATIONAL COMPETITIONS

Elbert County Fair – Typically held the last weekend of July though the first weekend in August.

A special 4-H Awards Night is held last Saturday at the County Fair to recognize Champions and Award Donors. All first-place general project winners qualify to move on to state competition.

Colorado State Fair – Typically general projects are taken to Pueblo for entry in Mid-August with various 4-H contests occurring each weekend through Labor Day.

National Western Stock Show and National 4-H Day – Western Round-up – Takes place in January and are held in Denver, CO. 4-H Youth Livestock shows, NWSS Catch-a-Calf and other state qualifiers in speech, judging teams, can go on to compete nationally at these events.

County Year-End Achievement Awards – These are to recognize all Elbert County 4-H members for their project completion and year-long achievements.

4-H Fundraisers / Scholarships

FUNDRAISERS

Leaders' Council 4-H Gala

Every 4-H club and family are called upon to help with the Leaders' Council 4-H Gala. Adults and youth work together to prepare silent auction items, recruit donor sponsorships, and cook and serve food. Proceeds from the Elbert County **4-H Gala** support the Elbert County 4-H Youth Development program. Specifically, Leaders' Council helps provide scholarships to graduating 4-H high school seniors to help with their college education, provide scholarships to 4-H members in Elbert County to attend leadership camps, seminars and programs throughout the state, region, and country and provide support for 4-H programming.

Youth Council Information Booths at community events and brand ads for fair

Traditionally, county fair concessions and dances were the youths' major fundraisers. In recent years, the youth council has provided information booths at various community events where they sell 4-H swag. The other fundraisers are brand ads and boards as advertisement for county fair. Proceeds are used to fund camps and training. The Youth Council also purchases the Achievement awards for every 4-H member in the county.

SCHOLARSHIPS

For ALL Elbert County 4-H Members:

LEMBKE SCHOLARSHIP:

Three \$1,000 scholarships are available each year, one to each age group: Juniors ages 8-10, Intermediates ages 11-13 and Seniors ages 14-18. Youth are encouraged to apply annually as they can win the award more than once. The scholarship is held in a trust for the recipient until their high school graduation.

- **To qualify for the Lembke Scholarship you must achieve the following:**
 - Complete and receive a blue quality ribbon in at least one animal project;
 - Complete and receive a blue quality ribbon in at least one general project;
 - Compete in at least one specialty contest
 - Write an essay on the annual topic question.

Lembke Scholarship applications are point based and forms are due at the end of the 4-H year by September 1 to the Extension Office.

State 4-H Specifically, For Graduating Seniors:

Colorado 4-H awards various dollar amount scholarships annually to outstanding youth who have actively engaged in Colorado 4-H clubs for at least 3 years. The scholarship process is competitive, and only accepts applications from January 11, through April 30. Scholarship recipients will be announced sometime in June.

To begin the application, click <https://co4hfoundation.academicworks.com> to see the scholarship opportunities available. Once signed in, the first step is to apply using the General Application, where specific questions will be asked to determine which of the scholarships you are eligible for using defined criteria.

Elbert County 4-H Leaders' Council: Awards \$500 scholarships to graduating senior's school of acceptance. To qualify, 4-H members must be active for 5 years or more in our county. [4-H Leader's Council Scholarship Form](#) - Due by July 15. The one-time \$500 scholarship is paid directly to the school at the beginning of the second semester.

4-H Activities and Events

Have fun at camps, fairs, and contests, while learning about fair and ethical competition.

EC= Elbert County **Annual 4-H Cycle Begins October 1 and Ends September 30**

OCTOBER

EC - 4-H Fall Enrollment OPENS Mid-October

Clubs and groups elect new 4-H officers

NOVEMBER

District - [Dare to Be You](#)

State - [Colorado Leadership Camp](#)

DECEMBER

EC - **4-H Fall Enrollment CLOSES December 31**

EC - Club Officer Training for ALL youth officers

EC – Adult Volunteer Leader Training

JANUARY

National - [Western National Roundup](#) – At

National Western Stock Show in Denver

State - [LDC - Leadership Development](#)

[Conference](#) - Denver

EC – Dog Project Kick-Off

EC – Judging Teams/Quiz Bowl kick-off meetings

EC – Other 4-H General Project meetings begin.

EC – Clubs make Children’s Hospital Valentine’s as county community service project.

FEBRUARY

EC – Club Valentine’s delivered to Children’s Hospital in Denver

EC – Market Beef Weigh-In and Tagging

MARCH

District - [South Central District Retreat](#)

EC – Shooting Sports Orientation meetings.

EC – Shooting Sports Hunter Safety Class offered,

EC – Meat Quality Assurance (MQA) offered – required of ALL livestock project members.

National - [Citizenship Washington Focus](#) – Washington D.C. Combined with IGNITE!

APRIL

1st – Add/Delete Projects Deadline – *last day to change your 4-H projects for the year.*

EC – Speech Arts, Creative Cooks and Live Cake Decorating Contests

EC – Leaders’ Council 4-H GALA Fundraiser

(CWF delegates announced during GALA)

National - [National 4-H Conference](#) – Washington D.C.

State - [Youth Fest](#) – Pueblo State Fairgrounds

MAY

EC – Host Eastern Slope Livestock Judging

Contest first Saturday of May

Enter ALL Animal ID’s in 4honline

EC – Swine tagging

EC – Sheep / Goats Weigh-in and Turkey

Tagging

JUNE

EC – Clubs Host Elbert County [Cloverbud Day Camp & Jr. Leadership Day](#) – first full week of June,

State - [Colorado 4-H State Conference](#) – Fort Collins

State – Clubs/Groups Main Leaders Complete Annual Chartering Documents

Applications Due for Citizen Washington Focus (CWF)

JULY

Elbert County Fair –the last weekend in July through first weekend in August - Kiowa

AUGUST/SEPTEMBER

State – Colorado State Fair - Pueblo

County-Wide: Year-end 4-H Achievement Awards

*Forms at the end of this guidebook need submitted to Extension office by **September 1***

Lembke Scholarship Form & Essay due Sept. 1

4-H Camps/Conferences/Trips

Dare to Be You Camp – District Camp – Pueblo, CO – **November** – Ages 11-13 – Registration in 4HOnline for **enrolled/paid/active members** – County Councils scholarships available.

Colorado Leadership Camp – State Camp – Glenwood, CO – **November** – Ages 14-18 – Registration in 4HOnline for **enrolled/paid/active members** – County Councils scholarships available.

Western National Roundup – National Event – Denver, CO – **January** – All Ages – Qualifying Competitors at a National Level – National Western Stock Show.

Leadership Development Conference – State Conference – Denver, CO – **January** – Ages 14-18 – Registration in 4HOnline – County Council Senators required to attend - County Councils scholarships available.

Youth Fest Camp – State Camp – Pueblo, CO - Ages 9-11 – Registration in 4HOnline – County Councils scholarships available.

South Central District Retreat – District Camp – Divide, CO – **March** – Ages 14-18 – District Youth Officer Elections - Registration in 4HOnline – County Councils scholarships available.

National 4-H Conference – National Event – Washington D.C. – **April** – Ages 14-18 – Registration in 4HOnline – County Councils scholarships available.

Elbert County Cloverbud Day Camp – County-Hosted Camp – Kiowa, CO – **June** – Ages 5-7 – Register directly with Elbert County Extension – *EC 4-H Youth Council Sponsored Community Service/Leadership Opportunity.*

Elbert County JUNIOR LEADERSHIP Day – County-Hosted 1 Day Camp – Kiowa, CO – **June** – Ages 8-10 – Register directly with Elbert County Extension – *EC 4-H Youth Council Sponsored Community Service/Leadership Opportunity.*

Colorado State 4-H Conference – State Conference – Fort Collins, CO – **June** – Ages 14-18 – Registration in 4HOnline – County Council Senators required to attend – State Officers Elected - State Judging and Speech Competitions - County Councils scholarships available.

Citizen Washington Focus – National Event (state and county sponsored) – Washington D.C. – **March** **IGNITE 4-H CWF tract** – Ages 15-18 – Two delegates are chosen by a County Selection Committee from applicants – County & State Scholarships fully fund trip.

Elbert County 4-H Member in Good Standing Requirements

A 4-H member must COMPLETE the following requirements BY JULY 1 to be in good standing and compete in the Elbert County Fair.

1. **Enroll** in 4-Honline before Dec. 31 and pay enrollment fee to club.
2. **Attending** the majority of the regularly scheduled CLUB meetings.
3. **Complete** e-record for every project in which you are enrolled.
4. **Present** 4-H related oral demonstration, illustrated talk, or public presentation. (One set of oral reasons at a judging contest counts as a public presentation)
5. **Community service** activity approved by main 4-H leader.
6. Following **Code of Conduct, Dress Code, and complete projects/registration/entry PRIOR TO CLOSING DATE.**

Additional Requirements:

Animal and Shooting Sports have additional and project specific requirements, mandatory practices, testing, etc.

All animal project members must complete the “Animal Care and Housing Form” and be the primary caretaker of their animal(s).

All livestock (both breeding and market) project members enrolled in goat, dairy, beef, swine, sheep, poultry, and rabbit need to attend a Meat Quality Assurance Class and test before June 1.

All Market Sale participants will comply with all the rules set by the Elbert County Fair Board Market Sale Committee including but not limited to spring weigh-in and identification of market animals.

Exceptions:

College students may develop an alternative plan of membership requirements with the club 4-H leader.

*Attendance at six of the regularly scheduled club meetings **excluding** weigh-ins, practices, project meetings, special classes, fairs, etc. **A maximum of three (3) pre-approved substitutions** are allowed for the six (6) meetings. Any substitution must be cleared by your club leader first and can include participation as a contestant in a specialty contest such as performing arts, speech arts, creative cooks, cake decorating or judging contests; or active work performed as a youth leader at an out-of-county camp, or attendance at a County Youth Council meeting.*

Member policy regarding residency, your family must reside in Elbert County to join Elbert County 4-H. We are not granting exceptions and variances will not be considered. If you are a returning out of county resident, you are considered “grandfathered in”. The state policy is: “Should a county Extension program close, 4-H members residing in that county will not be allowed to join 4-H in another county unless they have been enrolled in another county’s 4-H program prior to the closure of the Extension office in the county of their residence.”

Note: 4-H members can participate in only one county 4-H program annually. For example, a 4-H member cannot be enrolled in the Elbert County 4-H program and in the Lincoln County 4-H program at the same time. This member can only participate in one county fair.

4-H Facts

About 4-H

CSU Extension faculty and county support staff conducts administration of the 4-H program. 4-H is a community of individuals, learning leadership, citizenship, and life skills! 4-H involves the whole family and spans across generations. Adult volunteer 4-H leaders provide guidance, knowledge, experience, and enthusiasm that help 4-H youth members and communities.

4-H Symbols

The 4-H emblem, colors, pledge, and motto are symbolic of the 4-H organization and its beliefs.

4-H Colors

The 4-H colors are green and white. The white background of the 4-H flag symbolizes purity, and the green 4-H emblem is nature's most common color in the great outdoors, symbolic of springtime, life, and youth.

4-H Emblem

The 4-H emblem is the four-leaf clover with the letter "H" on each leaf. The four "H's represent the development of the member's head, heart, hands and health. The emblem and the name "4-H club" are protected by a copyright held by the United States Department of Agriculture.

4-H Pledge

I Pledge

My *HEAD* to clearer thinking,

My *HEART* to greater loyalty,

My *HANDS* to larger service and

My *HEALTH* to better living

For my Club, my Community, my Country,
and my World.

4-H Motto

To make the best BETTER.

4-H Slogan

"Learn by Doing"



Colorado 4-H Vision

*A world in which youth and adults learn, grow,
and work together.*

Colorado 4-H Mission

*4-H empowers youth to reach their full potential
by working and learning in partnership with
caring adults.*

Acronyms

4-H = Head, Heart, Hands, Health

BOCC = Board of County Commissioners

CLC = Colorado Leadership Conference (state event)

CSU = Colorado State University

CWF = Citizen Washington Focus (National Trip - awarded to delegates chosen by county committee funded by county & state)

DTBY = Dare to Be You Camp (district event)

EC = Elbert County

EC4HSS = Elbert County 4H Shooting Sports ** See SS below – short for Shooting Sports

ECEF = Elbert County Extension Fund

ECLC = Elbert County 4-H Leaders' Council

ECYC = Elbert County 4-H Youth Council

EDCLA = Elbert/Douglas County Livestock Association

ES = Eastern Slope – **ESLJ**- Eastern Slope Livestock Judging; **ESHJ** – Eastern Slope Horse Judging;
other judging: QB – Livestock Quiz Bowl; PP – Parliamentary Procedure

*GALA = 4-H Leaders' Council's major annual fund-raising event, silent auction, sponsor donors, dinner, and music.
4-H families volunteer to work and host the event as a celebration of and for the community and donors.*

LC = Leaders' Council

LDC = Leadership Development Conference (state event)

MFS = Elbert County Extension Master Food Safety Programming

MG = Elbert County Extension Master Gardener Programming

MQA = Meat Quality Assurance (Class required by USDA of Livestock members)

NWSS = National Western Stock Show

SS = Shooting Sports – **EC4HSS** – Elbert County 4-H Shooting Sports

YC = Youth Council

YF = Youth Fest (state event)

Facilities

The 4-H standard is to leave all facilities used by 4-H as clean, or cleaner, than when we arrived. Everyone is expected to help with the set-up and take-down of chairs and other equipment needs for the 4-H event.

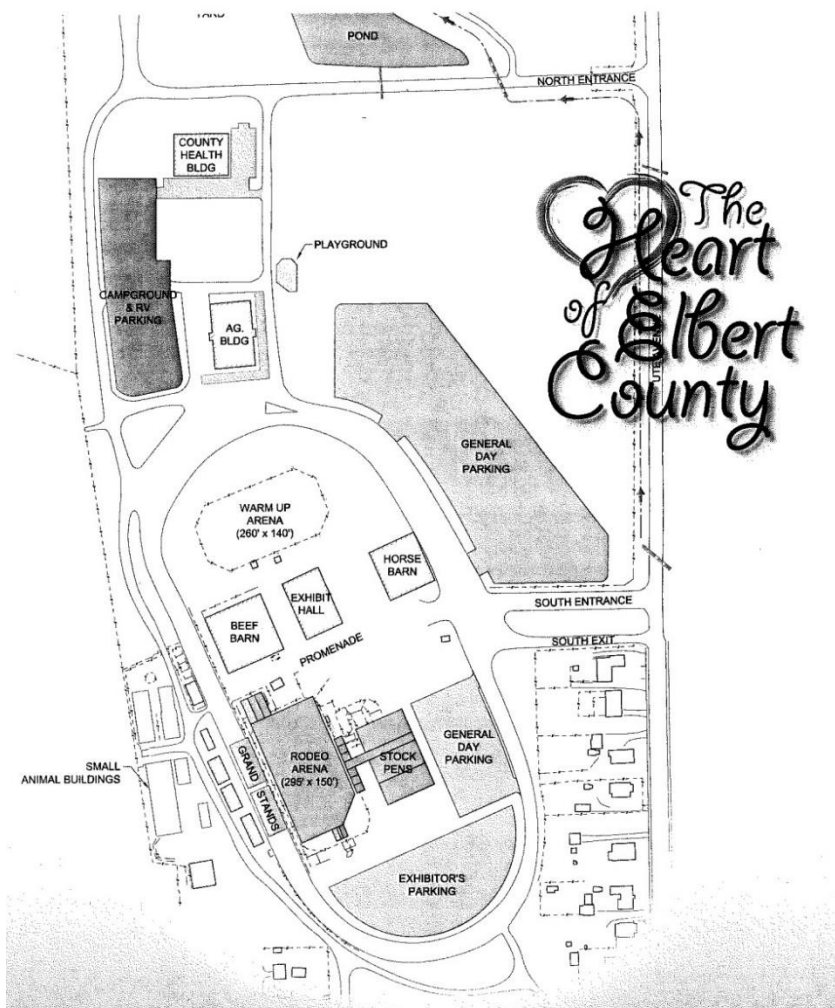
Elbert County Extension Office
Located on the Fairgrounds in the Ag Building
95 Ute Avenue (Kiowa/Bennett Rd.)
P.O. Box 189; Kiowa, CO 80117
303-621-3162

Hours: Monday-Thursday, 7:30 a.m. – 5:00 p.m.
Closed Fridays, Government Holidays, and noon hour.
Drop Box outside front door after hours.
Call ahead and/or check social media sites for event cancelation.

The Elbert County Fairgrounds serve the community by offering a few facilities to be rented for private and public events. The Elbert County Fairgrounds is also a dedicated site for the Elbert County Fair. **Facilities: 303-621-3150.**

ELBERT COUNTY FAIRGROUNDS

KIOWA, COLORADO



Agriculture Building: (Ag Bldg. or AB)
Extension Offices

Conference Room
Multitude of small 4-H meetings/classes

Open Bay Area
Multitude of larger meetings/classes

Exhibit Hall: (EH)
Open Bay Area
Kitchen

Archery Range
Main & Warm-up Arenas
Grounds areas used for project practices

Kiowa Community Church
Fellowship Hall
Located on the south end of fairgrounds and utilized throughout the year for 4-H events.
(Contest / livestock Judging/ County Fair Fashion Revue)

Local area schools and churches are used for other 4-H meetings.
See 4-H club listing for site names.

Elbert County Extension Office

Located on the Fairgrounds in the Ag Building

95 Ute Avenue (Kiowa/Bennett Rd.); Kiowa

P.O. Box 189; Kiowa, CO 80117

303-621-3162

Please have Club Leaders return the completed form to the Extension office by December 31.

Elbert County 4-H Family Receipt Form

Guidebook Received

Enrollment Fees Received \$ _____ For Member Name: _____

For Member Name: _____ For Member Name: _____

For Member Name: _____

4-H Family Name: _____

4-H Family e-mail: _____

4-H Club: _____

Check List:

- Know my 4-H Club information (name, leader & contact, when & where meetings held)
- Paid the per member Enrollment Fees directly to the 4-H Club, plus any other dues.**
- Enrolled all members in 4HOnline.com and selected 4-H projects.
- Know the state website <https://co4h.colostate.edu/program-areas/colorado-4-h-project-information/> for all project information including exhibit requirements, literature, and downloading record books. Every project requires a complete record book.
- Received and read the 4-H Family Guide.
- Agree to meet Member in Good Standing requirements, abide by Code of Conduct, and follow the 4-H Dress Code, represent Elbert County 4-H as a respected member of the community.**

I confirm my family has received the Elbert County 4-H Family Guide. We have complete 4-H Club information. We have paid the 4-H Club all enrollment fees.

Family Member's

Signature: _____ **Date:** _____


Club Leader's

Signature: _____ **Date:** _____

Colorado State University Extension is an equal opportunity provider. | Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. | CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English.

Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. | Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. | Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés.

Complete & Post for Your Family as a Visual Reminder



My 4-H Club

Name of my 4-H club _____

My club meets at (where) _____

The meetings begin at _____

My club leader _____

Leader's phone number _____

Leader's email address _____

My club officers

President _____

Vice-President _____

Secretary _____

Treasurer _____

Reporter _____

Recreation Leader _____

Other _____
