# 4-H Family Guidebook 2023-2024



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Colorado State University is a land-grant institution with a three-part mission of teaching, research, and outreach. Here in Elbert County, our number one outreach program is 4-H!

# **Elbert County Extension**

303-621-3162

Elbert County Extension Office
Located on the Fairgrounds in the Ag Building
95 Ute Avenue (Kiowa/Bennett Rd.)
P.O. Box 189; Kiowa, CO 80117

Hours: Monday-Thursday, 7:30 a.m. – 5:00 p.m. Closed Fridays, Government Holidays, noon hour. Drop Box outside front door for after hours. Call ahead and/or check social media sites for possible event cancellations.



Colorado State University is a land-grant institution with a three-part mission of teaching, research, and outreach. Here in Elbert County, our number one outreach program is 4-H!

In the early 1900's, county agents began to organize 4-H clubs to teach rural youth new agricultural skills. Today, 4-H has grown into America's largest youth development organization. 4-H grows young people with essential life skills like confidence, courage, resiliency, and curiosity. 4-H empowers youth who are prepared for life today and tomorrow.

Elbert County 4-H offers membership through traditional 4-H community clubs. 4-H Youth members enroll in projects, participate in community service, give presentations, and attend both project and club meetings to develop in areas including Healthy Living, STEM and Agriculture, Civic Engagement, and Leadership.

# To learn more about the Elbert County 4-H Youth Development Program CALL 303-621-3162

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# Welcome to 4-H

Welcome Elbert County 4-H Families,

We value building relationships with our 4-H families through our 4-H community club format. In your 4-H club, you will work with other young people and adult volunteers to make new friends, learn new skills, practice being a leader, and give back to your community.

**Regular 4-H members (ages 8-18)**, choose one or more 4-H projects to learn about during the year. There are separate project meetings where you can master basics and then work independently at home completing your 4-H project for exhibit at County Fair.

**Younger ages 5-7 may join as "Cloverbuds."** 4-H Cloverbud programing is activity-focused rather than project completion. Cloverbud members participate in occasional, non-competitive, sampler-type, age-appropriate, properly supervised events or activities sponsored or conducted by 4-H groups. Cloverbud members do not participate in the ongoing project work, nor handle animals, and are prohibited from any shooting sports involvement.

All our Elbert County 4-H experiences could not happen without adult certified volunteers advising and leading our local 4-H programming. These dedicated 4-H people provide the framework in which youth grow.

Just as important is the involvement of adult family members, parents/grandparents/guardians.

Making the 4-H experience truly successful requires that families support their children's active participation and facilitate online connections.

As a result of the partnership between Extension professionals, volunteers, and families, 4-H youth learn leadership, citizenship, life skills, and more. By working together, the ultimate result will be successful and productive young adults.

For over one hundred years we have known that 4-H is a fun and enjoyable family adventure! We look forward to continuing the tradition of Elbert County 4-H well into the future.

Your friends in Extension, Kali, Misty, Lore, & Talynn

# The 4-H year runs from October 1 to September 30. <u>Elbert County 4-H fall enrollment period begins in Mid-October and ends December 31.</u>

- 1. Call Extension 303-621-3162
- 2. Choose your 4-H Club
- 3. Enroll https://v2.4honline.com/
- 4. Select projects and activities.
- 5. Pay Enrollment Fee to 4-H CLUB
- 6. Start attending 4-H Club meetings!

You are <u>required to attend 4-H CLUB meetings</u> as part of the Member in Good Standing requirements.

Upon joining a community 4-H club, regular members can take any of the hundreds of projects 4-H has to offer.

Some project training is offered in addition to club meetings. Project training provides basics so members may continue working independently to master skills.

Not all general projects will have a certified 4-H leader who provides training, and those members will need to work independently on their projects.

<u>Additionally, Animal and Shooting Sports projects have mandatory trainings to attend.</u> Requisite training is in addition to club meetings.



To learn more about the Elbert County 4-H Youth Development Program call 303-621-3162.

#### **SERVICE \* INTEGRITY \* RESPECT**

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	My 4-H Club
My club meets	at (where)
••••••	
My club leader	
Leader's phone nu	mber
Leader's email	address
*********	**********************
My club officers	
My club officers	
My club officers  President	
My club officers  President  Vice-President	
My club officers  President  Vice-President  Secretary	
My club officers  President  Vice-President  Secretary  Treasurer	
My club officers  President  Vice-President  Secretary  Treasurer  Reporter	

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# **4-H Community Clubs/Councils**

4-H CLUB NAME	CALL CLUB LEADERS	MONTHLY MEETINGS				
Choose your 4-H Club	Contact for meeting schedules.	Meeting dates, time, and location may change. **Varies				
ASTERN PLAINS Co	ommunity (Simla, Matheson, Agate, & I	Northern Ramah/Calhan)				
Rural Rustlers 4-H Club	Krista Rector 719-740-0184 <u>ikrector@amtca.net</u> Patti Churchwell 719-541-3755	**4 <sup>th</sup> Sunday @ 4 pm, Big Sandy School Cafeteria, SIMLA				
LBERT Community						
Elbert Creekside 4-H Club	Wendy Walp, 303-243-1308 bisongirl 2@hotmail.com Lynsey Bogner 303-243-1230 lkrutka@yahoo.com	1st Sunday @ 3 pm, Elbert Mercantile Building, ELBERT				
LIZABETH Commu	nity *					
Gold Creek 4-H Club	Aimee Cabrera 970-222-9695 housefullofblessings@gmail.com	3 <sup>rd</sup> Monday @ 6:30 pm, Harvest Bible Church, 826 S Elbert St., ELIZABETH				
<b>High Plains</b> 4-H Club	Ione Kane 720-394-6999 Ione3boys@gmail.com Barb Metzler: 303-718-6708 bd2638@att.com	2 <sup>nd</sup> Thursday @ 7 pm, Ag Building, Fairgrounds in Kiowa *				
Running Creek 4-H Club	Lasie Zion 303-901-3971 Jim Carriker 303-898-4259 that4hguy@gmail.com	1 <sup>st</sup> Monday@ 6:30 pm, Elizabeth Middle School				
<b>KIOWA Community</b>		•				
Comanche Creek 4-H Club	Carrie McElroy 303-903-5765 comanchecreek4h@gmail.com	1 <sup>st</sup> Sunday @ <b>3</b> pm, Fairgrounds, Ag Bldg. 95 Ute Ave, KIOWA				
Kiowa Community 4-H Club	Vicki Hutson 303-898-9720 vhutson@gmail.com Tammi Schneider & AnnMarie Grimes Co-Club Leaders	1 <sup>st</sup> Monday @ 7 pm, Kiowa High School or Kiowa Creek Community Church Fellowship Hall 231 Cheyenne St, <b>KIOWA</b>				
Ranchin' Rookies 4-H Club	Mandy Brammer 719-271-4523 mandymay.brammer@gmail.com	1st Friday @ 7 pm, Majestic View Church, KIOWA				
Northern ELIZABETI	H/PARKER Community *					
Rattlesnake 4-H Club	Colleen Freund 303-619-3280 cifreund91@gmail.com	**3rd Monday @ 6:45 pm, Rattlesnake Fire House 46220 Coal Creek Dr, PARKER				
Sun Country 4-H Club	Jeff Thomas 303-818-0276 thomasjt15@gmail.com	**3 <sup>rd</sup> Wednesday @ 6:15 pm, Son Country Community Church, 7114 Sun Country Drive ELIZABETH, **social activities at 6:15pm, business meeting 6:30! exceptions will be communicated to the club and the Extension office.				

EVERY CLUB need adult & youth representative actively attend & participate in council meetings, fundraisers, events. Leaders' Council 2<sup>nd</sup> Monday at 7PM and Youth Council 2<sup>nd</sup> Sunday at 5PM both on Fairgrounds in Ag Building, Kiowa

# **4-H Enrollment**

4-H Enrollment, for all youth members and adult leaders, is conducted via <u>internet</u> through 4HOnline. Elbert County 4-H Fall Enrollment **opens Mid October and closes JANUARY**. Make sure you have a CURRENT family e-mail. The primary mode of communication is internet based, e-mails, electronic news, Facebook, and website.

- 1. 4HOnline website access is at: <a href="https://v2.4honline.com/">https://v2.4honline.com/</a>
- 2. New Members: Create family profile by selecting the "I need to setup a profile" button.

Returning Members: DO NOT CREATE A NEW PROFILE! Use your e-mail and password to access your established profile. If you have forgotten your e-mail and/or password, contact your county Extension Office for assistance.

- 3. <u>New Members</u>: Add youth and/or adult profiles under your family profile. As you enter information please verify for accuracy.
  - <u>Returning Members:</u> Click on the "Edit" button (right side) on inactive member's profile listing. Review and update all information associated with this profile. DO NOT JUST CLICK AND MOVE ON CHECK IT ALL! Incorrect information will affect ability to register for events, proper enrollment fees, communication, etc.
- **4.** Once all profile information has been verified and is current under the Personal Information, Additional Information, Health Form, and Participation (**4-H Club and Projects**), etc., click "Submit Enrollment."
- 5. PAY YOUR 4-H CLUB!
- 6. The county Extension Office will review all information submitted. Membership approval will not be granted until the 4-H Club leader pays all enrollment fees to the Extension office with one club check. The member will receive an email confirmation once membership approval is granted.

#### **Annual ENROLLMENT FEE \$30**

(\$30 per member due <u>payable to your 4-H Club BEFORE the end of December</u>. Some 4-H Clubs have required fund raisers or additional club dues. Check with your club leaders.)

#### Additional Project Fees May Apply

Project Literature Order \$Custom

(4-H families are responsible for directly purchasing manuals needed to complete their project.)

Shooting Sports Target Fee \$Custom

(Additional target fees will apply depending upon shooting venue and number of 4-H members in a family. There will be a minimum fee per member and a cap to fees per family. The additional target fees are payable to EC4HSS at one of the mandatory orientation meetings held in March)

Horse Project (Working Ranch Horse/Roping Participants Stock Fee May Apply)

#### **Entering Elbert County Fair Is a Separate Online Entry Process Opening June**

#### **Additional County FAIR ENTRY FEE**

Separate online FairEntry and fees are required to enter the Elbert County Fair.

4-H FAIR information is posted online the beginning of June. Entry and fees are accepted until **July 1**. The basic 4-H FAIR entry fee is \$10 per exhibitor. *Additional livestock fees may apply*.

# 4-H Members (ages 8-18) Projects and E-Records

Learn new skills through hands-on project work and record keeping. There is something for everyone with hundreds of projects offered in the areas of:

- · Animal Sciences and Livestock
- Biological Sciences
- · Mechanical Sciences
- Natural & Ecological Resources (Shooting Sports)
- · Arts & Leisure Sciences
- Consumer Sciences

Detailed information on <u>every project</u> offered and the appropriate electronic record can be found on the state website at:

http://co4h.colostate.edu/program-areas/colorado-4-h-project-information/

ORDER BOOKS: Place your own order for project manuals. See the state website recommendations and links for ordering project materials.

#### DOWNLOAD RECORDS: Every 4-H project requires a completed record book.

Livestock and Shooting Sports project record books are checked for completion on two dates, one prefair and one post-fair. General project record books should be completed and signed by a certified 4-H leader before the County Fair. General project record books are judged at County Fair and do not have a post fair check date. **Every 4-H project requires a completed record book** for the member to re-enroll in that project the following year.

It is highly recommended that first-year 4-H members limit themselves to one or two projects, until they have completed a full year of 4-H. With all that the 4-H Youth Development program has to offer, it is easy to become overwhelmed until you have been through a full annual cycle. **Always feel free to contact the Extension office at 303-621-3162 with any questions, especially project exhibit requirements.** 

#### **Additional Groups**

In addition to joining your community 4-H Club and enrolling in at least one 4-H project, members may also choose to join a judging group. Judging teaches youth analyzation, critical thinking, how to articulate their ideas to an adult and defend their position.

Elbert County offers the following judging groups:

- Horse Judging (Horse Bowl / Hippology)
- Livestock Judging (Possible Livestock Quiz Bowl)

Elbert County judging programs host annual Eastern Slope contests.

# 4-H Cloverbud (ages 5-7) Annual Activities

4-H Cloverbud programing is activity-focused rather than project completion. Cloverbud members participate in occasional, non-competitive, sampler-type, age-appropriate, properly supervised events or activities sponsored or conducted by 4-H groups. Cloverbud members do not participate in the ongoing project work, nor handle animals, and are prohibited from any shooting sports involvement. Ways Cloverbud Families should plan to participate through the year:

ATTEND MONTHLY CLUB MEETING. Some clubs facilitate separate cloverbud craft activities during the normal club business meeting.
 Encourage your cloverbud to share a "4-H Show and Tell" at the club meeting. (Public speaking) Encourage your cloverbud to participate in one of the club's community service activities.

#### PARTICIPATE IN SPECIALTY "CONTEST" EVENTS.

Cloverbuds participate along with older members who serve as role models, have fun, and receive rainbow participation ribbons!!!

<u>Creative Cooks:</u> Interested in cooking and meal planning? Select a theme and prepare food and a table setting. Use knowledge of nutrition, meal planning and food preparation in a creative way. Exhibit a prepared food item (for Cloverbuds it should be a non-cooked item like sandwich or salad.)

<u>Live Cake Decorating:</u> project members decorate their cake live in front of judge.

Cloverbud members are encouraged to bring a dozen cupcakes, frosting, decorations, etc. and go for it with their creativity!

Speech Arts: cloverbud share a "4-H Show and Tell" at the county contest. (Public speaking)

#### • ATTEND CLOVERBUD CAMP:

Cloverbud Camp is the first full week of June each year Monday through Thursday, 9 a.m.—11 a.m. each day. Several learn by doing stations are set up for Cloverbuds to spend time at learning by doing based on the years' theme. We try to have a variety of activities, from science, to reading, games, crafts, and snacks. Registered Elbert County 4-H members get to attend this camp for free! They can take their craft items and enter them in the Elbert County Fair!

#### • PARTICIPATE IN THE ELBERT COUNTY FAIR EVENTS:

KIDDIE STYLE REVUE at County Fair - end of July

The county fair Kiddie Fashion Revue takes place right before the 4-H Fashion Revue. Throughout the year, 4-H members work hard on their sewing project. The Fashion Revue provides the opportunity to show off what you have done. For Cloverbuds, this gives them an opportunity to have fun too! Cloverbuds can model something they have decorated, or an adult has sewn for them!

EXHIBIT SHOW AND TELL ITEMS: Any "craft" or exhibit display type items can be brought for special cloverbud interviews and displayed with the 4-H members' general project exhibits.

PARTICIPATE IN ANIMAL SHOWMANSHIP: Cloverbuds interested in showing animals can enter a special open class at Elbert County Fair called "Small Fry" Showmanship sponsored by livestock groups in the community. This non-4-H project opportunity takes place right before each species 4-H show. Cloverbud families should visit with animal project members in their club and visit the barns early. 4-H members are great role models and generous to share their animal and knowledge to teach the younger kids.

# 4-H Family

#### 4-H Members /Age Categories

4-H age is the age of the individual on December 31 of the current 4-H year.

The 4-H year runs from October 1 to September 30.

#### Elbert County 4-H fall enrollment period begins in Mid-October and ends December 31.

All enrollment information must be entered by the family in the state 4HOnline enrollment system before December 31, to be an active member for that 4-H year. Once enrolled as an active 4-H member, projects can be added or dropped until April 1.

#### Cloverbud: 5-7 years old



O Components of the Cloverbud Program: 4-H Cloverbud programing is activity-focused, not project-focused, and built on cooperative learning, rather than competitive activities. Cloverbud members participate in occasional, noncompetitive, sampler-type, age-appropriate, properly supervised events or activities sponsored or conducted by 4-H groups. Cloverbud members do not participate in the ongoing, planned series of activities, nor handle animals, and are prohibited from any shooting sports involvement. Elbert County Cloverbuds can participate in several different events throughout the year and Cloverbud Day Camp the first week in June.

#### Traditional 4-H Members: 8-18 years old.

o Junior member: 8-10 years old

o Intermediate member: 11-13 years old

o Senior member: 14-18 years old

#### 4-H Member in Good Standing:

- Participation in certain county, state, regional, and national events is limited to those members who are in "good standing" with their local 4-H club and county. This includes abiding by the 4-H Code of Conduct, meeting deadlines, attending most club meetings, and completing at least one project.
- Participate in a 4-H-related (subject matter or audience) demonstration or another speech-arts presentation.
- Participate in a 4-H-sponsored community service activity.
- Complete any county level requirements such as a record book and project specific prerequisites.

#### Adult Certified Leader: 19+ years of age. Some positions require a minimum age of 21.

The volunteer leader is the heart of the 4-H program. They assist with carrying out the 4-H mission. The purpose of the 4-H program is positive youth development. Decisions and actions carried out on behalf of the 4-H program should always keep these goals in mind.

#### **Certified 4-H Leader Requirements:**

- Complete volunteer information screens in 4HOnline, including references.
- Undergo a national background check.
- Complete a face-to-face, on-line or self-study orientation to 4-H.
- Comply with federal, state, and local reporting and accountability requirements, including 501(c)3 non-profit, fiscal, EEO/Affirmative Action, etc.
- Serve at the request of CSU Extension and that request can be withdrawn at any time for any or no reason.
- Volunteers not enrolled in 4-H for one year or longer will be required to re-apply and complete all new volunteer requirements.
- All volunteers will comply with the 4-H Code of Conduct.
- Authorized volunteers are protected from liability under the Governmental Immunity Act.

#### **Adult Roles**

**Parents/Grandparents/Guardians:** Adult family members are especially important to the success their children will have in the 4-H program. Your key role is the support you give your child in the commitments they make, help them think through decisions and see that they reach their goals. Adult family members are expected to help:

- Facilitate internet connectivity. 4HOnline Enrollment, Download Record Books, and Fair Entry. Under extraordinary circumstances there may also be Zoom or Online meetings.
- Support your 4-H club leaders and offer your services at key club and county events:
  - o Club community service and fund-raising events, Leaders' Council 4-H Gala, County Fair, Fair 4-H informational booth, County Fair set-up/clean-up dates, etc.
- Attend 4-H meetings and other special events with your child.
- Make it possible for your child to participate in a variety of 4-H activities, camps, fairs, and specialty contests.
- Guide your child's project work and encourage completion without doing the work of the 4-H'er.
- Be an example of a good sport so your child will learn to appreciate the success of others.
- Make others in your community more aware of 4-H.

**Main Leader:** Is responsible for the organizational structure and administrative completion of all annual state chartering documentation. They are also responsible for confirming 4HOnline enrollments and submitting enrollment reports and one club check to the Extension office. They are responsible for project literature orders, distribution, and collection of associated fees. They need to attend monthly Leaders' Council meetings to advise 4-H Agents in determining priorities and content for program development. They assist with carrying out the 4-H mission.

**Co-Leader:** Support the Main Leader in fulfilling all their responsibilities. Provide communication and enthusiastic support for all 4-H events. Guide and support the club officers in conducting club meetings and learning parliamentary procedure. Encourage all families with a sense of belonging to participate in a variety of 4-H activities and fulfill their member in good standing requirements. They should also attend the monthly Leaders' Council meetings if the main leader is not able to do so.

**Project Leader:** The project leader's main responsibility is to teach skills and subject matter in a project area, including 4-H exhibit requirements. A project leader helps members learn to keep good records and prepare demonstrations and exhibits. They *may* conduct workshops, tours or field trips related to the project and encourage members to participate in project-related events and activities.

#### **CSU Extension Agents and County Assistants:**

Your Elbert County Extension professionals guide, teach, and administer the 4-H program in accordance with state policies. Elbert County has two CSU Extension Agents who share the 4-H program in addition to other responsibilities. 4-H Agent responsibilities include: Development and Management of Volunteers; Club Vibrancy and Compliance with Annual Chartering; 4-H Programing Development, Management, and Delivery; Relationship Building; State Committees and Work Team Involvement; and Extension Knowledge, Planning, Reporting and Evaluation. The Extension Agents are faculty members of Colorado State University. Elbert County Extension also has two Assistants employed by Elbert County Government. Please contact the Extension office with any of your questions.

- CSU County Director & Extension Agent 4-H Youth Development / Agriculture
- CSU Extension Agent 4-H Youth Development / Natural Resources
- County Extension Office Assistant
- County Extension Program Coordinator & 4-H Assistant

# **4-H County Specialty Contests**

#### **Creative Cooks**

Open to all Elbert County 4-H members who are interested in cooking, you do not have to be enrolled in a foods project. Creative Cooks Contest introduces the 4-H member to meal planning. Members select a theme and prepare food and a table setting around that theme. They use their knowledge of nutrition, meal planning and food preparation in a creative way. They exhibit a prepared food item at a scheduled time before a judge(s) and audience. The judge(s) briefly interview the participants regarding their exhibit and what they have learned in preparing the dish. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

#### **Fashion Revue**

The county fair 4-H Fashion Revue is the "showmanship of clothing." Throughout the year, members work hard on their sewing projects. The Fashion Revue provides the opportunity to create a "total look" and present your outfit in a graceful, confident, and enthusiastic manner. Come show off all your hard work. Up to three senior-aged models can be designated for state competition.

#### **Live Cake Decorating**

Cake Decorating project members decorate their cake live in front of judge(s). Within a designated time allowed, members frost cake, apply decorations and a bottom base border, which is required, and finally clean up their area for final presentation. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

#### Speech Arts

Open to all Elbert County 4-H members different forms of public speaking, including: Demonstration/Illustrated talks, Prepared Speech, Impromptu Speech, and Interpretive Reading. Each speech is judged according to the class entered. First place Speech classes only qualify to go on to state competition.

#### Rocket Fly Day

Rocket fly day consists of rocket launches and a written exam. The purpose of the written examination is to determine the contestants understanding of model rocketry design, construction, and operation. Rocketry members are asked to bring their own rocket. The contestants' rocket launch will be judged on construction, flight stability, range safety, chute deployment and landing. Rockets must be painted. Those who place first in their class qualify to move on to the state competition at the Colorado State Fair.

#### OTHER AWARD AND CONTEST OPPORTUNITIES: COUNTY - STATE - NATIONAL COMPETITIONS

**Elbert County Fair** – Typically held the last weekend of July though the first weekend in August. A special 4-H Awards Night is held last Saturday of County Fair to recognize Champions and Award Donors. All first-place general project winners qualify to move on to state competition.

**Colorado State Fair** – Typically general projects are taken to Pueblo for entry in Mid-August with various 4-H contests occurring each weekend through Labor Day.

National Western Stock Show and National 4-H Day – Takes place in January and are held in Denver, CO. 4-H Youth Livestock shows, NWSS Catch-a-Calf and other state qualifiers in speech, judging teams, can go on to compete nationally at these events.

**County Year-End Achievement Awards** – These are to recognize all Elbert County 4-H members for their project completion and year-long achievements.

# 4-H Fundraisers / Scholarships

#### **FUNDRAISERS**

#### Leaders' Council 4-H Gala

Every 4-H club and family are called upon to help with the Leaders' Council 4-H Gala. Adults and youth work together to prepare silent auction items, recruit donor sponsorships, as well as cook and serve food. Proceeds from the Elbert County **4-H Gala** support the Elbert County 4-H Youth Development program. Specifically, Leaders' Council helps provide scholarships to graduating 4-H high school seniors to help with their college education, provide scholarships to 4-H members in Elbert County to attend leadership camps, seminars and programs throughout the state, region, and country and provide support for 4-H programming.

#### Youth Council Information Booths at community events and brand ads for fair

Traditionally, county fair concessions and dances were the youths' major fundraisers. In recent years the youth council provides information booths at various community events where they sell 4-H swag. The other fundraisers are brand ads and boards as advertisement for county fair. Proceeds are used to fund camps and training. The Youth Council also purchases the Achievement awards for every 4-H member in the county.

#### **SCHOLARSHIPS**

#### **For ALL Elbert County 4-H Members:**

#### **LEMBKE SCHOLARSHIP:**

Three \$1,000 scholarships are available each year, one to each age group: Juniors ages 8-10, Intermediates ages 11-13 and Seniors ages 14-18. Youth are encouraged to apply annually as they can win the award more than once. The scholarship is held in a trust for the recipient until the year of their high school graduation.

- To qualify for the Lembke Scholarship you must achieve the following:
  - Complete and receive a blue quality ribbon in at least one animal project;
  - Complete and receive a blue quality ribbon in at least one general project;
  - Compete in at least one specialty contest
  - Write an essay on the annual topic question.

Lembke Scholarship applications are point based and forms are due at the end of the 4-H year on September 15 to the Extension Office.

#### **State 4-H Specifically, For Graduating Seniors:**

Colorado 4-H awards scholarships annually to outstanding youth who have actively engaged in Colorado 4-H clubs for at least 3 years. The scholarship process is competitive, and only accepts applications from January 11, through April 30. Scholarship recipients will be announced sometime in June.

To being the application, click <a href="https://co4hfoundation.academicworks.com">https://co4hfoundation.academicworks.com</a> to see the scholarship opportunities available. Once signed in, the first step is to apply using the General Application, where specific questions will be asked to determine which of the scholarships you are eligible for using defined criteria.

Elbert County 4-H Leaders' Council: Awards scholarships to graduating senior's school of acceptance. To qualify, 4-H members must be active for 5 years or more in our county. 4-H Leader's Council Scholarship Form - Due by July 15

# 4-H Activities and Events

Have fun at camps, fairs, and contests, while learning about fair and ethical competition.

EC= Elbert County

Annual 4-H Cycle Begins October 1 and Ends September 30

#### **OCTOBER**

**EC - 4-H Fall Enrollment OPENS Mid-October** Clubs and groups elect new 4-H officers

#### **NOVEMBER**

District - <u>Dare to Be You</u> State - Colorado Leadership Camp

#### **DECEMBER**

EC - 4-H Fall Enrollment CLOSES December 31

EC - Club Officer Training for ALL youth officers

EC – Adult Volunteer Leader Training

#### **JANUARY**

National - <u>Western National Roundup</u> – At National Western Stock Show in Denver

State - <u>LDC - Leadership Development Conference</u> - Denver

EC – Dog Project Kick-Off

EC – Judging Teams/Quiz Bowl kick-off meetings

EC – Other 4-H General Project meetings begin.

EC – Clubs make Children's Hospital Valentine's as county community service project.

EC – NEW 4-H Family recruitment month ends.

New 4-H member extended deadline January 31.

#### **FEBRUARY**

State - Youth Fest - Pueblo

EC – Club Valentine's delivered to Children's Hospital in Denver

EC –Market Beef Weigh-In and Tagging

**Applications Due for Citizen Washington Focus** (CWF)

#### MARCH

**District - South Central District Retreat** 

EC – Shooting Sports Orientation meetings

EC – Shooting Sports Hunter Safety Class offered,

EC – Meat Quality Assurance (MQA) offered – required of ALL <u>livestock</u> project members

#### **APRIL**

1<sup>st</sup> – Add/Delete Projects Deadline – April 1 is the *last day to change your 4-H projects for the year.* 

EC - Speech Arts Contests

EC - Leaders' Council 4-H GALA Fundraiser

(CWF delegates announced during GALA)

National - <u>National 4-H Conference</u> – Washington D.C.

#### MAY

EC – Host Eastern Slope Livestock Judging Contest first Saturday of May

#### **Enter ALL Animal ID's in 4honline**

EC – Swine tagging.

EC – Sheep / Goats Weigh-in and Turkey Tagging

#### JUNE

EC – Creative Cooks and Live Cake Decorating Contests

EC – Clubs Host Elbert County <u>Cloverbud Day Camp</u> & Jr. Leadership Day – first full week of June,

Monday-Thursday - Kiowa

State - Colorado 4-H State Conference - Fort Collins

National - Citizenship Washington Focus -

Washington D.C.

State – Clubs/Groups Main Leaders Complete Annual Chartering Documents

#### <u>JULY</u>

Elbert County Fair –the last weekend in July through first weekend in August - Kiowa

#### **AUGUST/SEPTEMBER**

State - Colorado State Fair - Pueblo

**County-Wide: Year-end 4-H Achievement Awards**Forms at the end of this guidebook need submitted to Extension office by September 15

Lembke Scholarship Form & Essay due Sept. 15

# 4-H Camps/Conferences/Trips

**Dare to Be You Camp** – District Camp – Pueblo, CO – November – Ages 11-13 – Registration in 4HOnline for **enrolled/paid/active members** – County Councils scholarships available.

**Colorado Leadership Camp** – State Camp – Glenwood, CO – November – Ages 14-18 – Registration in 4HOnline for **enrolled/paid/active members** – County Councils scholarships available.

**Western National Roundup** – National Event – Denver, CO – January – All Ages – Qualifying Competitors at a National Level – National Western Stock Show.

**Leadership Development Conference** – State Conference – Denver, CO – January – Ages 14-18 – Registration in 4HOnline – County Council Senators required to attend - County Councils scholarships available.

**Youth Fest Camp** – State Camp – Pueblo, CO - Ages 9-11 – Registration in 4HOnline – County Councils scholarships available.

**South Central District Retreat** – District Camp – Divide, CO – March – Ages 14-18 – District Youth Officer Elections - Registration in 4HOnline – County Councils scholarships available.

**National 4-H Conference**— National Event — Washington D.C. — April — Ages 14-18 — Registration in 4HOnline — County Councils scholarships available.

**Elbert County Cloverbud Day Camp** – County-Hosted Camp – Kiowa, CO – June – Ages 5-7 – Register directly with Elbert County Extension – Youth Council Sponsored Community Service/Leadership Opportunity.

**Elbert County JUNIOR LEADERSHIP Day** – County-Hosted 1 Day Camp – Kiowa, CO – June – Ages 8-10 – Register directly with Elbert County Extension – Youth Council Sponsored Community Service/Leadership Opportunity.

**Colorado State 4-H Conference** – State Conference – Fort Collins, CO – June – Ages 14-18 – Registration in 4HOnline – County Council Senators required to attend – State Officers Elected - State Judging and Speech Competitions - County Councils scholarships available.

**Citizen Washington Focus** – National Event (state and county sponsored) – Washington D.C. – July – Ages 15-18 – Two delegates are chosen by a County Selection Committee from applicants – County & State Scholarships fully fund trip.

# **4-H Policies**

#### **STATE 4-H Member Requirements and Consequences**

Participation in certain state and county events is limited to those members who are in "good standing" with their local 4-H club and county. This includes abiding by the 4-H Code of Conduct, adhering to deadlines, and the following:

- o ATTENDANCE: attending majority of club meetings and all mandatory project related orientation or trainings.
- o PROJECT: Complete each project taken during the club year (proof to leader, incompletes NOT allowed to re-enroll in that project.)
- o **PRESENTATION:** Participate in a 4-H demonstration or other 4-H speech presentation.
- o **SERVICE:** Participate in a 4-H club citizenship (community service) activity.

#### **COLORADO 4-H CODE OF CONDUCT**

Note: A Signed Code of Conduct is located in 4-H Online, under profile information section.

### 4-H members, leaders, parents, and other adults participating in 4-H programs will:

- 1. Adhere to program rules, curfews, dress codes, policies, and rules of the facility being used.
- 2. Conduct themselves in a courteous, respectful manner, use appropriate language, exhibit good
- sportsmanship, and act as positive role models.
- 3. Abstain from illegal behaviors, use of alcohol, marijuana, illegal or illicit drugs, and tobacco

including e-cigarettes and vaping devices during 4-H events and activities.

- 4. Fully participate in scheduled activities.
- 5. Respect other's property and privacy rights.
- 6. Respect the rights and authority of parents, leaders, and Extension professionals.
- 7. Abstain from abuse (physical and/or verbal) and harassment.
- 8. Accept personal responsibility for behavior including any financial damage.
- 9. Be responsible for any financial damage caused by inappropriate behavior.
- 10. Adhere to principles and rules of safety.

Consequences for violating any part of this code of conduct may include, but are not limited to:

removal from participation in the event in which the code of conduct has been violated at the individual's expense; sanctions on participating in future 4-H events; forfeiture of financial support for the event; removal from offices held, etc.

Behavior outside of 4-H activities can affect member in good standing or volunteer in good standing status.

It is the responsibility of all program participants to reinforce the code of conduct and to report any violations or concerns to 4-H leadership.

#### Colorado 4-H Dress Code

The following dress code has been developed to prevent participants from becoming offended or uncomfortable during any 4-H events or activities. If you choose to dress inappropriately, you will be asked to change. Planning and packing appropriately will save you the inconvenience of changing your attire during the 4-H event or activity and ensure that you contribute to a pleasant 4-H atmosphere.

# Please be advised that the following dress code will be enforced for all individuals attending 4-H events and activities, including chaperones:

- Clothing: All clothing shall be neat, clean, acceptable in repair and appearance, and shall be worn within the bounds of decency and good taste as appropriate for 4-H events and activities.
- 2. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited.
- 3. Excessively baggy or tight clothing which advertises gang symbols or affiliation is prohibited.
- 4. Items of clothing which expose bare midriffs, bare chests, undergarments, or that are transparent (seethrough) are prohibited. Tank tops with straps wider than one inch are permitted. Please be advised that spaghetti straps, shirts which expose a bare back, halter tops, and tube tops are prohibited.
- 5. Shorts must be mid-thigh length. No cut-off shorts or shorts-shorts allowed.
- 6. Swimming (For all water recreation): Swimsuits for men: swim trunks only (no shorts, cut-off pants or Speedos). Swimsuits for women: One-piece suits recommended; however, two-piece suits are allowed if they are modestly cut. No string, thong or crochet suits will be allowed. Swimsuits may only be worn while in the swimming pool area.
- 7. Hats need to be removed for meetings, workshops, meals, and other times when asked to remove them.
- 8. Shoes must be worn always deemed appropriate.

# Elbert County 4-H Member in Good Standing Requirements

A 4-H member must COMPLETE the following requirements BY JULY 1 to be in good standing and compete in the Elbert County Fair.

- 1. Enroll in 4-Honline before Dec. 31 and pay enrollment fee to club.
- 2. Attending majority of the regularly scheduled CLUB meetings.
- 3. Complete e-record for every project in which you are enrolled.
- 4. Give one 4-H related oral demonstration, illustrated talk, or public presentation once a year. (One set of oral reasons at a judging contest counts as a public presentation)
- 5. Complete one community service activity approved by main 4-H leader.
- 6. Following Code of Conduct, Dress Code, and complete projects/registration/entry PRIOR TO CLOSING DATE.

#### Additional Requirements:

Animal and Shooting Sports have additional and project specific requirements, mandatory practices, testing, etc.

All animal project members must complete the "Animal Care and Housing Form" and be the primary caretaker of their animal(s).

All livestock (both breeding and market) project members enrolled in goat, beef, swine, sheep, poultry, and rabbit need to attend a Meat Quality Assurance Class and test before June 1.

All Market Sale participants will comply with all the rules set by the Elbert County Fair Board Market Sale Committee including, but not limited to spring weigh-in and identification of market animals.

#### **Exceptions:**

College students may develop an alternative plan of membership requirements with the club 4-H leader.

Attendance at six of the regularly scheduled club meetings <u>excludes</u> weigh-ins, practices, project meetings, special classes, fair, etc. <u>A maximum of three (3) pre-approved substitutions</u> are allowed for the six (6) meetings. Any substitution must be cleared by your club leader first and can include participation as a contestant in a specialty contest such as performing arts, speech arts, creative cooks, cake decorating or judging contests; or active work performed as a youth leader at an out-of-county camp, or attendance at a County Youth Council meeting.

Member policy exceptions for persons not residing in Elbert County must meet specific criteria; have approval from the county in which they reside, complete a variance application, and then be evaluated by Elbert County 4-H Leaders Council. The final decision will lie with the Extension Director. The state policy is: "Should a county Extension program close, 4-H members residing in that county will not be allowed to join 4-H in another county unless they have been enrolled in another county's 4-H program prior to the closure of the Extension office in the county of their residence."

Note: 4-H members can participate in only one county 4-H program annually. For example, a 4-H member cannot be enrolled in the Elbert County 4-H program and in the Lincoln County 4-H program at the same time. This member can only participate in one county fair.

## **4-H Facts**

#### About 4-H

Administration of the 4-H program is conducted by CSU Extension faculty and county support staff. 4-H is a community of individuals, learning leadership, citizenship, and life skills! 4-H involves the whole family and spans across generations. Adult volunteer 4-H leaders provide guidance, knowledge, experience, and enthusiasm that help 4-H youth members and communities.

#### **4-H Symbols**

The 4-H emblem, colors, pledge, and motto are symbolic of the 4-H organization and its beliefs.

#### **4-H Colors**

The 4-H colors are green and white. The white background of the 4-H flag symbolizes purity, and the green 4-H emblem is nature's most common color in the great outdoors, symbolic of springtime, life, and youth.

#### 4-H Emblem

The 4-H emblem is the four-leaf clover with the letter "H" on each leaf. The four "H's represent the development of the member's head, heart, hands and health. The emblem and the name "4-H club" are protected by a copyright held by the United States Department of Agriculture.

#### 4-H Pledge

I Pledge
My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service and
My HEALTH to better living
For my Club, my Community, my Country,
and my World.

#### 4-H Motto

To make the best BETTER.

#### 4-H Slogan

"Learn by Doing"



#### Colorado 4-H Vision

A world in which youth and adults learn, grow, and work together.

#### **Colorado 4-H Mission**

4-H empowers youth to reach their full potential by working and learning in partnership with caring adults.

# **Acronyms**

4-H = Head, Heart, Hands, Health

**BOCC** = Board of County Commissioners

**CLC** = Colorado Leadership Conference (state event)

**CSU** = Colorado State University

**CWF** = Citizen Washington Focus (National Trip - awarded to delegates chosen by county committee funded by county & state)

**DTBY** = Dare to Be You Camp (district event)

**EC** = Elbert County

**EC4HSS** = Elbert County 4H Shooting Sports \*\* See SS below – short for Shooting Sports

**ECEF** = Elbert County Extension Fund

**ECLC** = Elbert County 4-H Leaders' Council

**ECYC** = Elbert County 4-H Youth Council

**EDCLA** = Elbert/Douglas County Livestock Association

**ES** = Eastern Slope – **ESLJ**- Eastern Slope Livestock Judging; **ESHJ** – Eastern Slope Horse Judging; other judging: QB – Livestock Quiz Bowl; PP – Parliamentary Procedure

GALA = 4-H Leaders' Council's major annual fund-raising event, silent auction, sponsor donors, dinner, and music.
4-H families volunteer to work and host the event as a celebration of and for the community and donors.

LC = Leaders' Council

**LDC** = Leadership Development Conference (state event)

MFS = Elbert County Extension Master Food Safety Programming

**MG** = Elbert County Extension Master Gardener Programming

**MQA** = Meat Quality Assurance (Class required by USDA of Livestock members)

**NWSS** = National Western Stock Show

SS = Shooting Sports - EC4HSS - Elbert County 4-H Shooting Sports

**YC** = Youth Council

**YF** = Youth Fest (state event)

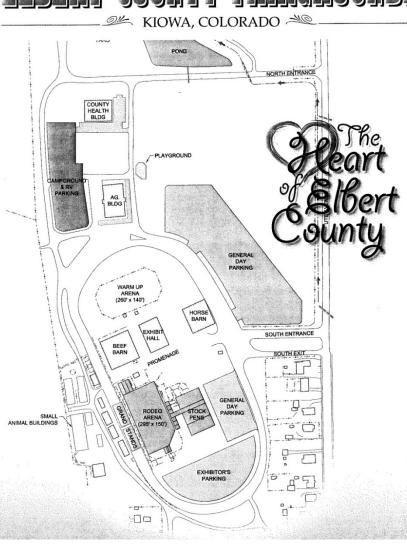
# **Facilities**

The 4-H standard is to leave all facilities used by 4-H as clean, or cleaner, than when we arrived. Everyone is expected to help with set-up and take-down of chairs and other equipment needs for the 4-H event.

Elbert County Extension Office Located on the Fairgrounds in the Ag Building 95 Ute Avenue (Kiowa/Bennett Rd.) P.O. Box 189; Kiowa, CO 80117 303-621-3162 Hours: Monday-Thursday, 7:30 a.m. – 5:00 p.m. Closed Fridays, Government Holidays, and noon hour. **Drop Box outside front door for after hours.** Call ahead and/or check social media sites for event cancelation.

**The Elbert County Fairgrounds** serve the community by offering a few facilities to be rented for private and public events. The Elbert County Fairgrounds is also the dedicated site for the Elbert County Fair. **Facilities: 303-621-3151.** 

# RIBERT COUNTY PAIRGROUNDS



### Agriculture Building: (Ag Bldg. or AB) Extension Offices

Conference Room
Multitude of small 4-H meetings/classes

Open Bay Area Multitude of larger meetings/classes

Exhibit Hall: (EH)
Open Bay Area
Kitchen

Archery Range
Main & Warm-up Arenas
Grounds areas used for project practices

#### Kiowa Community Church Fellowship Hall

Located on south end of fairgrounds and utilized throughout the year for 4-H events. (Contest / livestock Judging/ County Fair Fashion Revue)

Local area schools and churches are used for other 4-H meetings. See 4-H club listing for site names.

#### **Year End 4-H Achievement Awards**

#### STANDARD YEAR-END RECOGNITION:

All Elbert County 4-H Members in good standing receive the following standard year- end recognition if they turn in a completed achievement form to the Extension Office.

- Cloverbud Patch: Recognize Cloverbud ages 5-7 participation, receive a clover patch for their activity work.
- Graduating Cloverbuds: receive membership boxed gift if they attend awards night.
- Membership Pins: First (Bronze), Fifth (Silver), and Tenth (Gold) year member pins recognize years in 4-H.
- <u>State Fair Recognitions:</u> Patch awarded to members who placed in top 10 at State Fair.
   Additional Achievement pin awarded for placing as a Champion or Reserve Champion at State.

<u>Adult Certified 4-H Leaders</u> are recognized for their years of service and given a flower at achievement awards night. Officer Pins: given to club leaders to distribute at meetings to incoming club and county officers

#### **PROGRESSIVE ACHIEVEMENT AWARD SYSTEM:**

This is a progressive award system designed to recognize consistent and increasing levels of ACHIEVEMENT beyond the regular member in good standing requirements. The purpose of the progressive award system is to inspire goal setting and honor the achievements of members who truly strive to "Make the Best Better." Members must turn in completed form to EXTENSION to receive achievement pins.

Each award category has three progressive levels: Bronze, Silver, and Gold. *Once a member starts in this category, they are to stay until they have received the gold award before going on to the next category.* These awards are designed so a member will spend three consecutive years in a category before moving up to the next achievement area. This progressive structure allows members to earn a different pin for each year of their regular membership from age 8 – 18. The recommended age ranges start at the <u>minimum age a 4-H member must be to apply for that award</u> category.

CATEGORY	<b>'</b> :	Recommended Age Range to Start at Bronze Level:	3 Progressive LEVELS:
60	Learn by Doing	8-10-year-old age range to start in this category	Bronze
(SO)	Achievement		Silver
			Gold
Completion	of over 50% of enrolled project	ts. This means if a member takes one project, they must complete that project.	•
projects, th	ey must complete both project	s. If a member takes three projects, they must complete two projects.	
Exhibit all c	ompleted projects at club tour	or main leader or county fair. *	
ARIA	All Around	11-13-year-old age range to start in this category	Bronze
	Achievement		Silver
THE PARTY			Gold
Participate	in one club, county, or district e	event. Examples: Specialty contests, Eastern Slope Judging Contests, Club Educa	1
	e a few. County Fair does not c		
Completion	of over 50% of enrolled projec	ts (look at Learn by Doing for examples of over 50%).	
Exhibit all c	ompleted projects at club tour	or main leader or county fair. *	
	Four Corner	14-16-year-old age range to start in this category	Bronze
(a)	Achievement		Silver
			Gold
Complete 1	.00% of projects.		1
Participate	in two county, district, or state	events. County Fair does not count.	
		r at the county level. Examples: Club Officer, Council Representatives, Committe	ee Chair.
Exhibit all p	rojects at club tour or main lea	der or county fair. *	
	"I Dare You'	17-19-year-old age range to start in this category	Bronze
	Achievement		Silver
			Gold
TO TOTAL			
Complete 1	.00% of projects.		
Show a dive	ersity of two or more project ar	eas during 4-H career.	
Give two co	ounty, district, or state public pr	resentations.	
•	• • • • • • • • • • • • • • • • • • • •	or national events. County Fair does not count.	
	-	dership roles. Example: Plan your club's part of the cloverbud camp and do the	activities or take
•	ty for part of a project club.		
Exhibit all p	rojects at club tour or main lea	der or county fair. *	

<sup>\*</sup>If circumstances will not allow the project to be exhibited, this exclusion must be approved by the main leader.

Elbert County 4-H Annual Achievement Form

Use this form and add pages as needed to track basic member in good standing requirements, and to set / track achievement goals.

Members who qualify and want a Pride Pin, must submit a completed form to the Extension office by SEPTEMBER 15.

Name							Club_						_
# of years as a 4-H Member Age as of January 1st (Begin counting 4-H years at <u>age 5</u> if you were enrolled)					-								
		WARD G											
(All 1st year	members wi	Il receive a 1st	year pin and				laward categor essive awards		have been pla	aced in an aw	ards category	y you must pr	ogress
Award What ach	nievement	award did	you receiv	ve last yea	Circ r? Cat						Level:	Bronze, Silve	r, Gold
Award Achieven	nent awar	d are you a	pplying fo	or this year	Circ Cat						Level:	Bronze, Silve	r, Gold
RECORI	D OF 4-H	COMMUN	IITY CLU	B MEETI	NGS ATTI	ENDED (I	ndicate membe	er attendance	with an "M" a	and parent att	endance with	a "P")	
Exa	mple	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	June	July	Aug.	Sept.
M	M/P												
PROJEC	CT RECO	RDS											
	Completed I				Exh	ibited at Co	ounty/ State/	National:				PLACING	S:
EVENT / ACTIVITY PARTICIPATION RECORD (This is a record of your participation in club, county, district, state, or national events/activities.)  Include if you were a competitor at SPECIALTY CONTESTS (performing & speech arts, live cake, creative cook, robotics, rocket fly day, judging contestants, pre-fair animal shows) Include if you attended a camp, conference, or retreat as a participant. You can list one club community service.  List if your project went to STATE FAIR or if you competed at state fair in a specialty contest, how you placed, and if you were designated Champion or Reserve Champion.  List of Events BESIDES County Fair:													
	ESENTAT esentation:	ION RECO	ORD (This is	s a record of y Title		rations and o	r public presen		iles and persi udience:	onal appearar	nces related t	o 4-H)	
LEADER	SHIP RE	CORD (Fv:	amnles of lea	dershin includ	le officer nosit	tions commit	tee chair, teen	counselor at	an out of cou	nty camp tea	ching role at	a seminar or	training)
	dership Role	,	ampies of ied	asisinp inoluc	.c omoor posi		ass onall, tooll	554155101 41	a., out 01 000	, oamp, toa	s.mg role at	a sommur, Or	a.iiiig./
EIST OF ECU	uci sinp ivoi	55.											
1		4-H	Members Si	gnature			fy that this com				Date		

#### **Elbert County Extension Office**

Located on the Fairgrounds in the Ag Building 95 Ute Avenue (Kiowa/Bennett Rd.); Kiowa P.O. Box 189; Kiowa, CO 80117 303-621-3162

Please have Club Leaders return the completed form to the Extension office by December 31.

### **Elbert County 4-H Family Receipt Form**

☐ Guidebook Received	
	For Member Name:
	For Member Name:
For Member Name:	
4-H Family Name:	
4-H Family e-mail:	
4-H Club:	
Check List:	
□ Paid the \$30 per member directly □ Enrolled all members in 4HOnline. □ Know the state website <a href="https://co-information/">https://co-information/</a> for all project inform downloading record books. Every □ Received and read the 4-H Family □ Agree to meet Member in Good States.	4h.colostate.edu/program-areas/colorado-4-h-project- ation including exhibit requirements, literature, and project requires a completed record book.
I confirm my family has received the Elbert information. We have paid the 4-H Club al	t County 4-H Family Guide. We have complete 4-H Club I enrollment fees.
Family Member's Signature:	Date:
Club Leader's	
Signature:	Date:

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